

## Halloween Pumpkin Apple Cookies

### Ingredients:

3 cups whole wheat flour

½ cup cornmeal

1 large apple, diced

1 egg

½ cup pumpkin (real pumpkin, not pie filling)

2 tbsp brown sugar

½ - 1 cup water

### Directions:

Preheat oven to 350 degrees, line a cookie sheet with parchment paper. Mix the ingredients together, starting with ½ cup of water and adding more as needed. Roll out the dough on a surface coated with flour and cut your cookies with your cookie cutters. Because of the apples, you may need to press down hard. Place cookies on the baking sheets and bake for 35 minutes. If you want real crispy cookies, turn the oven off and let them sit another 30 minutes with it turned off. Cool and store in an airtight container.

