

# New Year's Eve Lamb Poppers (for dogs)

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## Ingredients:

1 lb. ground lamb, or other ground meat

1 egg

Shredded carrots

1 cooked and mashed sweet potato

2 tbsp. parsley

## Directions:

Preheat oven to 350 degrees. In a mixing bowl, combine the ground meat 2 tbsp parsley, and egg, mixing thoroughly. Grease small muffin tins. Place a small amount of the meat mixture in each muffin cup, press into a thin layer on the bottom, and up the sides. Add a teaspoon or so of sweet potato followed by a layer of shredded carrots. Top the muffin cup with more of the ground meat in a thin layer. Bake for 30 minutes, remove from the tins and cool. The top meat layer should be popped up when done. Refrigerate for up to five days in an air tight container.

