

Pooch Smooches

Ingredients

2 ½ cups of ground old fashioned oats
¼ cup parsley flakes
1 tsp mint or peppermint extract
1 egg
3 tbsp melted organic coconut oil
1/8 to ¼ cup water

Directions

Preheat the oven to 325 degrees. Mix ground oats, parsley flakes, extract, egg, and coconut oil together in a mixing bowl. Slowly add water until the mixture makes a nice dough.

Roll out the dough to about 1/8 of an inch thick. Cut out heart shapes and place on a no stick pan or parchment paper.

Bake for 40 minutes, cool, and serve.

Store in an airtight container for up to a week.

💋 Smooch your pooch. 💋

