



Simple Tricky Pumpkin Kongs

Ingredients:

Lowfat Plain Greek Yogurt

Plain Pumpkin - NOT Pie Filling

Small Treats

Directions:

Gather up your empty Kongs. Mix yogurt and pumpkin in a bowl.

The amount varies depending on how many Kongs you have to fill and their size. Add in the small treats.

Fill Kongs with the filling. Wrap in plastic wrap and place them in the freezer until frozen.

Remove plastic wrap, and serve to your pup. They will love these treats and they are also healthy for dogs!