

Valentine Cookies For Kissable Dog Breath

Ingredients:

2 cups Oat Flour
1 Tsp. Mint Extract
1 Egg
3 Tbsp. Melted Coconut Oil
¼ Cup Chopped Parsley

Directions:

Preheat the oven to 325 degrees.

Place all the ingredients into a mixing bowl or food processor. Mix well, add a small amount of water if the dough is too dry.

Place flour on a flat surface and roll out the dough to 1/8 to ¼ inch thickness. Using a small cookie cutter, we used a small heart, cut out the cookies. Place them on a parchment covered cookie sheet. They don't spread, so they can be close together. We got about 40 small cookies using our heart shape cutter.

Bake for 40 minutes. They will be crisp when they are done.

Let them cool and enjoy!

Keep them in an airtight container for up to a week in the refrigerator, and/or freeze some for another time.

